



**DI CROSS COUNTRY
CHAMPIONSHIPS**

2010 NCAA DIVISION I CROSS COUNTRY CHAMPIONSHIPS HANDBOOK

Updated 9/17/2010



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Introduction

During the 2010-11 academic year, the Association will sponsor 88 national championships, of which 41 are for men, 44 are for women, and three are for both men and women. Among the men's championships, three are National Collegiate Championships, 13 are Division I championships, 12 are Division II championships and 13 are Division III championships. Among the women's championships, four are National Collegiate Championships, 13 are Division I championships, 13 are Division II championships and 14 are Division III championships. The combined men's and women's championships are National Collegiate Championships.

A championships handbook is produced for each NCAA championship and posted on the NCAA Online Web site (www.ncaa.org).

How to Use This Publication. The handbook is divided into four sections: (1) General Administration; (2) Determination of Competing Institutions; (3) Instructions to Participants; and (4) General Championship Information. The first three sections pertain only to the respective sport, while the fourth deals with NCAA policies applicable to all 88 championships. [Note: Some policies listed in the general section have been revised by individual sports committees. The revision(s) will appear in the sport-specific section of the handbook.]

NCAA Championships Policy Related to Sports Wagering

NCAA Championships Policy Related to Sports Wagering. No pre-determined or non predetermined session of an NCAA championship may be conducted in a state with legal wagering that is based on single-game betting on the outcome of any event (i.e., high school, college or professional) in a sport in which the NCAA conducts a championship.

Men's and Women's Cross Country Championships Information

Important Dates

Saturday, October 16—11 a.m. Eastern time, Pre-national meets, LaVern Gibson Championship Course, Wabash Valley Family Sports Center, Terre Haute, Indiana; Indiana State University, host. Contact: Geoff Wayton, phone: 812/237-4332; e-mail: geoffrey.wayton@indstate.edu.

Thursday, November 4— 5 p.m. Eastern time deadline for submitting online entry forms.

Wednesday, November 10—Noon Eastern time deadline for submitting team results via online results system.

Saturday, November 13—Regional championships meets. The women's 6,000 meter race will go first followed by the men's 10,000 meter race. **Check with regional hosts for final start times.**

Sunday, November 14—At-large selections announced no later than 7 p.m. Eastern time.

Saturday, November 20—Championship banquet, 6:30 p.m. Eastern time.

Sunday, November 21—Packet Pick-up, 2-3:15 p.m. Eastern time; mandatory technical meeting, 3:30 p.m., Holiday Inn, Terre Haute, Indiana.

Monday, November 22—Championships finals, LaVern Gibson Championship Course, Wabash Valley Family Sports Center, Terre Haute, Indiana; Indiana State University, host. Contact: Geoff Wayton, phone: 812/237-4332; e-mail: geoffrey.wayton@indstate.edu (Women, 12:08 p.m. Eastern time; Men, 12:48 p.m. Eastern time; times are approximate).

Future Championship Dates

(Subject to change)

	Regional Meets	Championship Meets
	Saturday	Monday
2011	November 12	November 21
2012	November 10	November 19
2013	November 9	November 18

General Administration

Dates and Sites

[Reference: Bylaw 31.1.3 in the NCAA Manual.]

2010 Regional Championships

Saturday, November 13. The sites of the regional qualifying meets, along with the names and telephone numbers of the meet directors are:

Great Lakes—Rochester, Michigan; Oakland University, host. Contact: Stacy Mosely; phone: 248/370-4016; e-mail: mosely@oakland.edu.

Mid-Atlantic—Blue and White Golf Course, University Park, Pennsylvania; Pennsylvania State University, host. Contact: Jennifer James; phone: 814/863-3471; e-mail: jqw7@psu.edu.

Midwest—Newman Golf Course, Peoria, Illinois; Bradley University, host. Contact: Craig Dahlquist; phone: 309/677-2673; e-mail: cad@bradley.edu.

Mountain—Rose Park Golf Course, Salt Lake City, Utah; University of Utah, host. Contact: Zach Lassiter; phone: 801/581-6632; e-mail: zlassiter@huntsman.utah.edu.

Northeast—Hammonasset Beach State Park, Madison, Connecticut; Yale University and Fairfield University, hosts. Contact: Dan Ireland; phone: 203/432-1405; e-mail: daniel.ireland@yale.edu.

South—Veteran's Park, Hoover, Alabama; Samford University, host. Contact: Rod Tiffin; phone: 205/726-2081; e-mail: riffin@samford.edu.

South Central—Cottonwood Creek Golf Course, Waco, Texas; Baylor University, host. Contact: Tom Hill; phone: 254/710-3035; e-mail: Tom_Hill@baylor.edu

Southeast—E.P. Tom Sawyer State Park, Louisville, Kentucky; University of Louisville, host. Contact: Josh Heird; phone: 502/852-8869; e-mail: josh.heird@louisville.edu.

West—Springfield Country Club, Eugene, Oregon; University of Oregon, host. Contact: Michael Reilly; phone: 541/346-5914; e-mail: mfreilly@uoregon.edu.

2010 Championship Finals

Monday, November 22. LaVern Gibson Championship Course, Wabash Valley Family Sports Center, Terre Haute, Indiana; Indiana State University, host. Contact: Geoff Wayton, phone: 812/237-4332; e-mail: geoffrey.wayton@indstate.edu.

The women's championships will start at 12:08 p.m. Eastern time and the men's championships will start at 12:48 p.m. Eastern time (times are approximate).

2011 Regional Championships

Saturday, November 12. The sites of several regional qualifying meets, along with the names and telephone numbers of the meet directors are TBD.

Great Lakes—Ottawa Park Golf Course, Toledo, Ohio; University of Toledo, host. Contact: Kelly Andrews; phone: 419/530-2810; e-mail: kelly.andrews@utoledo.edu.

Mid-Atlantic— TBD.

Midwest—Anderson Field, Dekalb, Illinois; Northern Illinois University, host. Contact: Christian Spears; phone: 815/753-9494 ; e-mail: cspears@niu.edu

Mountain—East Bay Golf Course, Provo, Utah; Brigham Young University, host. Contact: Matthew Nix; phone: 801/422-3304; e-mail: matthew_nix@byu.edu.

Northeast—TBD.

South—TBD.

South Central—Cottonwood Creek Golf Course, Waco, Texas; Baylor University, host. Contact: Tom Hill; phone: 254/710-3035; e-mail: Tom_Hill@baylor.edu

Southeast—TBD.

West—Stanford Golf Course, Stanford, California; Stanford University, host. Contact: Jenny Claypool; phone: 650/725-7244; e-mail: smith88@stanford.edu.

2011 Championship Finals

Monday, November 21. TBD.

The men's championships will start at noon and the women's championships will start at 12:50 p.m. local time (times are approximate).

Future Championships

Finals. The NCAA Men's and Women's Track and Field Committee is not currently soliciting bids for the cross country championships finals.

Regionals. The NCAA Men's and Women's Track and Field Committee is accepting bids for the following cross country regional championships:

Nov. 12, 2011

November 10, 2012

All nine regions

Mid-Atlantic Region

Northeast Region

To obtain bid information, please contact Liz Turner Suscha at the NCAA national office (phone: 317/917-6189; e-mail: lsuscha@ncaa.org). Details related to the bid process, including facility diagram, proposed budget, etc., will be provided by Ms. Suscha.

Online Proposed Budget/Financial Report Forms. The online version of the proposed budget and financial report form may be accessed on the NCAA Web site at http://web1.ncaa.org/champs_bid/. Hard copies of the proposed budget will not be accepted. Please note that the online form is password protected. A member institution's athletics director should have the necessary membership database username and password on file. Written instructions on how to complete the automated forms are located on the NCAA Web site. If you have any questions regarding the process, please contact Ms. Suscha (phone: 317/917-6189; e-mail: lsuscha@ncaa.org.).

Start Times

The recommended regional start times are noon and 1:15 p.m. local time. Any deviation from these start times must be approved by the committee, and a minimum of 75 minutes between races is strongly encouraged.

Sports Committees

[Reference: Administration and Management in the Division I General Section, and Bylaws 31.1.1 and 31.1.2 in the NCAA Manual.]

The Division I, Division II and Division III Men's and Women's Cross Country

Championships are under the control, direction and supervision of the NCAA Men's and Women's Track and Field Committee. Bob Podkaminer serves as the secretary-rules editor. Divisional subcommittees supervise their respective championships.

Division I Men's and Women's Track and Field Subcommittee

Representing men's cross country:

Elizabeth Donohue, Marist College
Greg Gensel, Utah State University
John McNichols, Indiana State University
Todd Patulski, Baylor University, committee chair
Phil Olson, Stephen F. Austin State University
Michael Reilly, University of Oregon

Representing women's cross country:

Robyne Johnson, Boston University
Stan Kerr, Eastern Washington University
Monica Love, U.S. Military Academy
Marc Ryan, University of Minnesota, Twin Cities
Bill Walton, James Madison University, subcommittee chair

For additional information about the 2010 NCAA Division I Men's and Women's Cross Country Championships, contact:

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Associate Director of Championships
NCAA
P.O. Box 6222
Indianapolis, Indiana
46206-6222
Phone: 317/917-6189
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Bill Walton
Director Track & Field/Cross Country
James Madison University
Track Office MSC 2301
261 Bluestone Drive
Harrisonburg, Virginia 22807
Phone: 540/568-3935
Fax: 540/568-3480
e-mail: waltonwd@jmu.edu

Annual Forms

Entry Form. Entry forms for the championships can only be submitted online (through Direct Athletics) and can be accessed via the following Web sites:

NCAA Web site - www.ncaa.org

Direct Athletics Web site - <http://www.directathletics.com>

Regional hosts Web sites

USTFCCCA Web site - <http://www.ustfccca.org>

The entry forms WILL NOT be sent to your institution. Coaches may list a maximum of 15 student-athletes on the entry form and must submit the forms ONLINE by 5 p.m. Eastern time, Thursday, November 4. Institutions submitting late entries are subject to a fine. Each institution should print a copy of its entry forms to hand carry to the regional

and national sites.

Only those student-athletes listed on the entry form may compete in the regional and/or national championships meets.

Results Reporting Form. NEW for 2010-Results Reporting Procedure. Any institution desiring at-large team selection consideration must adhere to the online results reporting procedures outlined below. The online system replaces the results reporting form that was submitted via facsimile or email in previous years.

- Logon to <http://dicrosscountry.ncaa.org/> with your institutional username and password common to other NCAA online applications (host financial report, etc.).
- Enter your institution's roster of eligible student-athletes (separate rosters based on gender). Rosters can be amended at any point during the season, but must be entered prior to your institution's first results submission.
- From September 24 through November 10 at Noon Eastern time, submit competition results for all eligible competition opportunities (i.e. those that take place between seventh weekend prior to the NCAA regional meet, September 24-26, through November 7). Note: If the team results have already been entered for the event in which your team competed, proceed to the designation of your competing student-athletes.
- Competition results and roster designations may be submitted at any point during the season. However, they will not be accepted after November 10 at Noon Eastern time.

Please contact Ashley Dunigan at adunigan@ncaa.org for results reporting and roster designation assistance.

Expense Reimbursement Form. Institutions advancing teams or individuals from the regional meet to the national championships meet request reimbursement through the online system in order to receive appropriate reimbursement for their trip to the championships site. For individual-team championships, transportation expenses and per diem allowances shall be provided for all qualifying student-athletes and all eligible non-athletes. The Travel Expense System (TES), as well as per diem allowance policies, are available on the NCAA Web site under Sports and Championships, General Information, Travel.

[Reference: Squad Size (page 24) in this handbook and Per Diem in the Division I General Section, and Bylaw 31.4.6 in the NCAA Manual.]

Financial Report Form. A financial report from each regional host and the championships host must be submitted to the NCAA no later than 60 days after the conclusion of the competition. The online financial report form is available on the NCAA Web site (http://web1.ncaa.org/champs_bid/).

[Reference: Bylaw 31.4 in the NCAA Manual.]

Determination of Participants

Championship Format

The Division I Men's and Women's Cross Country Championships provide for a maximum of 31 (five-seven person) teams and 38 individuals per gender. Eighteen teams automatically qualify to the championships races by finishing as one of the top two teams at any of the nine regional races. The remaining 13 at-large teams are selected by the NCAA Division I track and field subcommittee.

Thirty-six individuals automatically qualify to the championships races by being one of the top four regional finishers not on an advancing team. Two additional individuals are selected at-large by the committee.

Total Competitors Per Gender

31 teams of seven persons each	=	217
Individuals (who are not members of a team)	=	38
Total	=	255

Qualifying Procedures

To be eligible to participate in the 2010 NCAA Division I Men's and Women's Cross Country Championships, teams and individuals must qualify from their respective regions (see Appendix A for the regional map and Appendices B and C for a list of institutions by region which sponsor cross country). Conference meets may not be conducted in conjunction with NCAA regional championship meets.

Bylaw 31.3.3.1 - Countable Competition.

For NCAA team-championship selection purposes, competition is countable only when the teams played are varsity intercollegiate teams of four-year, degree-granting institutions that conduct a majority of their competition in that team sport against varsity intercollegiate teams (see Constitution 3.2.4.5) of United States four-year, degree-granting institution. Competition against service teams, professional teams, semiprofessional teams, amateur teams, two-year colleges and club teams shall be excluded.

Teams

Automatic Qualifiers. The top two teams at each regional championship meet automatically qualify for the championship meet.

At-large selections. Thirteen (13) at-large teams will be selected by the NCAA Division I track and field subcommittee. This selection will be conducted on the Sunday following regional competition unless extraordinary circumstances arise.

The committee reviews regular season results to apply the selection criteria as detailed below. The committee will use any available resources to track a team's finish at regular season meets, including the team online results reporting system managed

by the NCAA. The online results reporting system can be accessed via the NCAA Web site. Coaches are required to submit results via the online system for at-large team selection consideration not later than Noon Eastern time November 10. Failure to submit the results could jeopardize a team's chances of being considered for an at-large selection.

It is not appropriate for individuals to call committee members to discuss any institution's potential at-large berth.

The committee will determine at-large berths by examining the following selection criteria in order:

1. **Regional finish.** Teams will come under consideration in the order of their regional finish.
 - a. As an example, a fourth-place team may not be selected for an at-large berth ahead of a third-place team from the same region. However, a fourth-place team from a region may be selected ahead of a third-place team from another region if the committee decides that the selection criteria favor the fourth-place team.
 - b. This criterion does not mean that any or all third place teams must be selected into the championships before the committee considers fourth place teams, etc.
 - c. When a team from a region is selected as an at-large team for the championships, the committee moves the next team from that region based upon the order of regional finish into consideration. At all times during the selection process, the committee is reviewing no fewer than two teams from each region (total of 18 teams on the board) so as to be able to identify any potential "push" situations.
 - d. **The Push Process:** The situation may arise when the next team under consideration based upon regional finish from a specific region (Team X) does not have enough wins (points) to earn an at-large bid, but the team immediately behind Team X in regional finish (Team Y) does have enough wins (points) to be the next at-large team selected. In this case, both teams X and Y will receive at-large bids (Team Y "pushes" Team X into the championships) if:
 - The push process has not been used within that specific region earlier in the at-large selection process, and
 - There are two or more at-large positions available in the selection process, and
 - Team Y" would not be able to receive an at-large berth on its own. In other words, when Team X is permanently blocking Team Y. There have been occasions when "Team Y" has the most wins of the teams under consideration, but the committee can determine that Team Y will receive an at-large berth later in the process. In these cases a "push" is not absolutely necessary and would not be applied.

Teams still under consideration for at-large selection will not be awarded wins (points) for having defeated any Team "X" advancing to the championship finals by virtue of the "push process."

2. **Wins (points) against teams already in the championships.** Once the automatic qualifiers (AQs) have been confirmed, and the teams from each region are placed under consideration by their regional finish, the committee reviews two teams from each region (a total of 18 teams) for the wins against teams already in the championships.
 - a. In order to maintain seven competition opportunities, institutions must accumulate wins (points) between the seventh weekend prior to the NCAA regional meet (i.e., Friday, Saturday and Sunday, September 24-26, 2010) through the conclusion of NCAA Regional Cross Country Championships (scheduled for November 13,

2010).

- b. The committee begins the selection process by analyzing the win totals the third and fourth place finishers in each region have accumulated against the 18 automatic qualifiers. The next at-large berth is awarded to the team with the highest win total. As each at-large team is selected into the championships, the win totals of all teams under consideration are adjusted to reflect any victories over all the teams selected to the championships (e.g., the 18 automatic qualifiers and any at-large selections). This process continues until all the at-large teams are selected.
 - c. During the at-large selection process, institutions can only accumulate wins against any opponent's "A" team. (See "A" Teams/"B" Teams information below.)
3. **Head to head competition between teams under consideration.** If there is a tie among teams under consideration for total wins the committee reviews head to head results.
 - a. In order to maintain seven competition opportunities, the head to head competitions must have taken place between the seventh weekend prior to the NCAA regional meet (i.e., Friday, Saturday and Sunday, September 24-26, 2010) through the conclusion of NCAA Regional Cross Country Championships (scheduled for November 13, 2010).
 - b. If teams under consideration are tied in total wins against the teams already in the championships, the committee will not select the team with a head to head loss over the team with the head to head win. This is important when there are more than two teams tied with total wins against the teams already in the championships.
 - c. In situations where the head to head wins and losses are equal between teams under consideration (e.g., two teams with 1-1 or 2-2, etc., records against each other), the committee may give greater consideration to the competition conducted closest to the regional championship date.
 - d. The committee will break regular season ties between teams under consideration for the sole purpose of awarding wins (points) for the at-large selection process. Ties are not to be broken by meet officials on published results. The committee will apply the tie-breaking procedures outlined below.
 4. **Records of the teams under consideration against common opponents.** If the committee cannot make a decision based upon head-to-head competition, it reviews results against common opponents.
 - a. In order to maintain seven competition opportunities, results versus common opponents must have occurred between the seventh weekend prior to the NCAA regional meet (i.e., Friday, Saturday and Sunday, September 24-26, 2010) through the conclusion of NCAA Regional Cross Country Championships (scheduled for November 13, 2010).
 - b. The committee evaluates the cumulative record against common opponents, including multiple wins and/or losses against an opponent(s).
 - c. In situations where the records against common opponents data is equal between teams under consideration, the committee may give greater consideration to the competition conducted closest to the regional championship date.
 5. **Top individuals on the teams under consideration.** If the committee cannot make a decision based upon records against common opponents, it reviews the individual runners from the teams under consideration. The committee may give the advantage to the team whose individual(s) is most likely to score highly at the championships, as determined by the committee.

"A" Teams/"B" Teams. The committee recognizes that coaches experiment with lineups during the year, especially early in the season, as well as the impact injuries

may have on establishing a team's top seven runners. During the at-large selection process, institutions can only accumulate wins against any opponent's "A" team. An "A" team is considered to have competed if four or more of those individuals who compete at the regional qualifying meet started the regular season race. Any team that starts three or fewer of the institution's top seven runners is designated as a "B" team. The committee defines each institution's top seven runners as those student-athletes who compete at the NCAA regional meet. Designation of "A" teams or "B" teams can only be accomplished after the results of the NCAA regional meets have been completed.

Coaches' polls and/or any other outside polls or rankings are not used as a selection criteria by the track and field committee for selection purposes.

Individuals

Automatic Qualifiers. From each NCAA regional meet, the first four student-athletes not on a qualifying team will be automatic qualifiers to the NCAA championship meet. All individual automatic qualifiers must finish in the top 25 within their region.

At-large Selections. The committee will select two at-large individuals, by identifying the highest non-qualifying individual finishes at the regional meets. All individual at-large qualifiers must finish in the top 25 within their region.

Breaking Ties to Advance to Championship Finals

Team Competition. For the purpose of advancement to the NCAA championships meet, team ties in regional championship meets shall be broken by comparing the place finish of each team member 1-5 versus their respective competitor on the opposing team (Team A's first finisher vs. Team B's first finisher, etc.). The advancement advantage goes to the team winning the majority (best of five) of the comparisons.

Individual Competition.

Automatic Qualifiers. If a true tie exists between two or more individuals from a region for the fourth automatic qualifying position, all tied individuals will advance to the NCAA championships meet. However, the additional automatic qualifiers will reduce the number of at-large individuals selected to the championships meet.

At-large selections. To break a tie for any at-large individual selection, the time differential between tied runners and the last automatic individual qualifier (the fourth-place automatic qualifier) from their respective regions will be compared. The runner with the smallest differential will advance.

Participation Procedures

[Reference: Annual Forms in this handbook.]

Entry Forms. Entry forms for the championships can only be submitted online (through Direct Athletics) and can be accessed via the following Web sites:

NCAA Web site - www.ncaa.org

Direct Athletics Web site - <http://www.directathletics.com>

Regional hosts Web sites

USTFCCCA Web site - <http://ustfccca.cstv.com>

The entry forms WILL NOT be sent to your institution. Coaches may list a maximum of 15 student-athletes on the entry form and must submit the forms ONLINE by 5 p.m. Eastern time, Thursday, November 4. Institutions submitting late entries are subject to a fine. Each institution should print a copy of its entry forms to hand carry to the regional and national sites.

Only those student-athletes listed on the entry form may compete in the regional and/or national championships meets.

It is not necessary for individuals representing a team at the championship meet to have competed in regional competition.

Financial Penalty for Late Entry Form. Forms received after the deadline may be accepted subject to a fine of \$100 per individual up to a maximum penalty of \$300 per team (men's and women's teams are considered separate teams). These late forms may be submitted at the regional championships until the end of the declaration period by petitioning the games committee. Late additions of individual athletes to the entry form may be accepted only with verification of eligibility.

A letter will be sent to the director of athletics of any institution receiving a fine with a copy to the coach describing the petitioning circumstances. The fine will not be assessed twice.

[Reference: Financial Penalty in the Division I General Section.]

Declarations. Regional meet directors will notify institutions of the declaration procedures for the respective regional meets.

Declarations at the championships site must be made between 2 and 3:15 p.m. (Eastern time) Sunday, November 21 during packet pick-up. Declarations must be made in person by each coach at the location designated by the host institution. Final declarations will not be accepted by wire, telephone or mail. An employed representative of the athlete's institution or a coach from a participating institution may declare for a team/individual, if necessary.

Financial Penalty for Late Declarations. Declarations received after the declared deadline may be accepted subject to a fine of \$100 (men's and women's teams are considered separate teams). A letter will be sent to the director of athletics of any institution receiving a fine with a copy to the coach describing the petitioning circumstances. The fine will not be assessed twice.

Replacement. A replacement may be made up to 30 minutes before the start of the race. **The possible replacement must be designated at declarations and be listed on the entry form.**

Certification of Eligibility/Availability

[Reference: Certification of Eligibility/Availability in the Division I General Section and Bylaws 3.2.4 and 31.2.1.7 in the NCAA Manual.]

Only student-athletes eligible under Bylaws 12, 13, 14, 15 and 16 may compete in NCAA championships. In accordance with Bylaw 3.2.4, member institutions are required to certify the eligibility of their student-athletes before the beginning of each academic year and to withhold ineligible student-athletes from all intercollegiate competition. Member institutions are reminded to notify the NCAA national office

before the selection date for each championship of any student-athlete who may have participated in regular-season competition but subsequently is determined to be ineligible or unavailable for NCAA championships competition. For the cross country championships, notify Liz Turner Suscha prior to 10 a.m. Eastern time, Sunday, November 14.

Instructions to Participants

Adjusted Place Standings

[Reference: Bylaw 31.2.2.3-(a) in the NCAA Manual.]

If a student-athlete who competed in either the regional qualifying or national championships meets is subsequently found to have been ineligible, that individual's performance shall be stricken from the championships record, any points the student contributed to the team's total shall be deleted, the team standings of the ineligible athlete shall be adjusted accordingly and any awards involved shall be returned to the Association. Further, the placement of other competitors and/or teams may (but not guaranteed) be altered and awards presented accordingly.

Athletic Training Facilities

Athletic training facilities will be made available to the competing teams by the host institution no less than the day before competition.

Attendance

Please note that in determining the attendance figures to announce for each session of the championship, this number should be derived based on paid attendance. The paid attendance figures are also what should be listed on the online proposed budget and the online final financial report. If no paid attendance is collected, the host institution/conference should provide an estimated attendance figure. The host institution/conference has the option to provide a "turnstile" count [e.g., 34,575 paid attendance (12,456 turnstile attendance)].

Audio Coverage (Radio and Internet)

Please refer to the NCAA Broadcast Manual policies and guidelines that can be found at www.ncaa.com/broadcast.

Awards

[Reference: Awards in the Division I General Section and Bylaw 31.1.12 in the NCAA Manual.]

Official NCAA awards will be presented to the top 15 finishers in each of the championships finals. First-, second-, third- and fourth-place team trophies, and 10 individual awards for first-, second-, third- and fourth-place teams, will be awarded in each of the championships. In addition, institutions may purchase additional awards.

Eight participation awards will be provided to each institution whose team(s) advances to the national championships meets and does not place in the top four of the team championships. Each individual student-athlete invited to the national championship meet who does not receive an award for placing in the top 15 will also receive a participation award. In addition, institutions may purchase additional participation awards. These awards will be sent to the institution after the competition.

The NCAA does not provide any awards for regional meets.

Banquet

A championship banquet for a minimum of 800 people will be arranged at the championships finals site by the host institution. The championships banquet will be held on the Saturday night before the championships. Due to the financial burden on a host institution, to be consistent with NCAA policy, and to provide each student-athlete participating in NCAA regional competition the same experience, banquets will NOT be permitted at regional competition.

Conference Calls

Conference calls with all regional hosts to review administration for the regional championships will be conducted on the following dates and times:

Monday, August 23 - 2 p.m. Eastern time

Monday, September 20 - 2 p.m. Eastern time

Monday, October 25 - 2 p.m. Eastern time

Credentials

Credentials at the finals site will be issued to a maximum of seven declared student-athletes and one replacement. Each institution that qualifies a team will receive up to 13 credentials (8 student-athlete, 3 coach, 1 administrator and 1 manager). Institutions qualifying individuals to the championships will receive a credential for each student-athlete and up to four additional (3 coach and 1 administrator/manager).

Each institution will be allowed one additional pass if a medical trainer or physician is accompanying the team. The medical credential will be administered by the host school's sports medicine staff.

Drug Testing

[Reference: Drug Testing in the Division I General Section and Bylaws 18.4.1.5 and 31.2.3 in the NCAA Manual.]

Student-athletes competing in the championships may be subjected to drug tests in accordance with Bylaws 18.4.1.5 and 31.2.3, and may be determined to be ineligible as a result thereof. Only student-athletes who have consented in writing to such testing are initially eligible for these championships; and thereafter, student-athletes who are tested shall remain eligible only if they test negative.

Lodging

The host institution will be responsible for advising participating institutions of available hotel and motel accommodations at the site of the championships. Each competing institution is responsible for making its own room reservations.

Media Arrangements

[Reference: Programs in this handbook.]

Media Credentials. Requests for working media credentials shall be directed to

the championships' host media coordinator. The NCAA shall control the issuance of media credentials for each of its championships. Subject to limitations of space, media credentials shall be assigned in accordance with the following priorities: (1) campus media certified by the director of athletics and/or sports information director of each participating and host institution, (2) certified media from the immediate locale of the championship or the immediate locale of the competing teams, and (3) other certified media.

Credentials will not be issued to representatives of any organization that regularly publishes, broadcasts or otherwise promotes the advertising of "tout sheets" or "tip sheets" or other advertising designed to encourage gambling on college sports events. In addition, credentials will not be issued to representatives of telephone reporting services and professional sports organizations.

Other conditions for obtaining media credentials may be implemented, based on the circumstances at the championships site. The NCAA must approve these conditions before the competition.

Microphones. The placement of microphones on a team coach or student-athletes during competition is prohibited.

Postcompetition Interviews. Immediately after a 10-minute cooling-off period (i.e., 10 minutes after a team or student-athlete concludes competition), an interview area will open to all certified members of the news media; any coach and student-athletes requested by the media will be available for interviews. If a team or individual is participating in an awards ceremony, the cooling-off period will begin immediately after the presentation.

The coach is obligated to the entire covering media during the championships and must report to the interview area immediately after the 10-minute cooling-off period. The coach cannot delay a postcompetition interview with the covering media to conduct a program for a single newspaper, radio or television reporter unless requested to remain for a short interview (not to exceed four minutes) by the entity that has been granted television rights by the NCAA.

Coaches cannot make themselves available to selected media representatives before the conclusion of the 10-minute cooling-off period. They may, however, report to the interview area before the cooling-off period ends, and make themselves available to all media representatives staffing the championships.

Meetings

[Reference: Misconduct in the Division I General Section and Bylaws 31.02.3 and 31.1.10 in the NCAA Manual.]

A mandatory technical meeting for head coaches, or their representatives, of all competing teams and individuals will be conducted at both the regional and the national championships sites. The meeting at the championship finals will begin at 3:30 p.m., Sunday, November 21. The provisions of NCAA Bylaw 31.1.10, which prescribes conditions under which a student-athlete or representative of an institution may be disqualified from further participation in the championships for reasons of misconduct, and other pertinent information regarding the championships, will be presented (see

Appendix D for a sample agenda for the regional coaches meeting).

Attendance at the coaches meeting is required and noted. Institutions failing to have representation at the meeting may be fined \$100.

Merchandise

Teams selected to participate in NCAA championships will be given the opportunity to preorder regional event merchandise online through the official NCAA souvenir merchandiser, Event 1, Inc. Upon selection, teams will be given the information to place orders. These team orders will be shipped directly to the institution the week after regional competition. Questions regarding the online team ordering process may be directed to Gina Taylor at Event 1 at 888/745-3058.

National Anthem

The United States of America national anthem (“Star Spangled Banner”) shall be played before the first race at each regional site and at the national championship site.

News, Media, Press Conferences and Satellite Feeds

Please refer to the NCAA Broadcast Manual policies and guidelines that can be found at www.ncaa.com/broadcast.

Official Travel Party

[Reference: Squad Size in this handbook and Per Diem and Transportation in the Division I General Section.]

Please refer to the NCAA Travel policies for all information regarding transportation and per diem expenses. Travel policies can be found online at www.ncaa.org, under Sports, General Information, Travel.

Officials

For the finals of the 2010 NCAA Men’s and Women’s Cross Country Championships, a referee, starter, head clerk, finish line judge, two assistant clerks, and an announcer will be hired. For regional competition, a referee and starter will be hired.

Fees. The referee will receive a fee of \$100. The same referee should be used for both races. The referee must be approved by the Division I representatives on the NCAA Men’s and Women’s Track and Field Committee. The starter and additional officials at the final site as noted above will receive a \$30 honorarium per race.

Travel. Travel expenses for the referee will be paid according to the actual mode of transportation, not to exceed jet coach airfare or 50 cents per mile, but not including terminal or other local transportation. Referees who receive approval for air transportation must make flight arrangements through the NCAA travel service, Short’s Travel Management, 866/655-9215.

The NCAA will not reimburse the host institution for the starter’s travel expenses.

Lodging. Hotel expenses (excluding incidentals) for a referee required to stay overnight at the championships site shall be paid by the host institution and later reimbursed by the NCAA.

Per Diem. The referee will receive a \$45 per diem for meals and incidentals for each day of the championships, beginning with the day of arrival and ending with the day of departure. Referees not required to remain overnight at the site also shall receive a \$45 per diem. The starter and additional officials at the final site as noted above do not receive a per diem.

Policies. A sports or games committee may not require membership in any specific officials’ association as a prerequisite for selection to officiate in an NCAA meet. Officials shall be selected and assigned by the sports or games committee, which shall ensure that officials adhere to the Association’s policies relating to gambling activities and drug and alcohol use. Furthermore, officials must conduct themselves in a manner befitting intercollegiate athletics. Failure to do so may result in termination of the officiating assignment.

Practice

Participants will be allowed to practice on the course on which the championships will be conducted no less than the day before competition. The host institution will inform participants of practice times. In the event of inclement weather, an alternate practice area will be made available.

Postrace Media Responsibilities

All coaches and student-athletes must be made available for postcompetition interviews following the “cooling-off” period. This not only applies to formal press conferences, but also to any interview requests made to coaches and/or student-athletes not involved in the press conference. Failure to do so may result in possible misconduct, as determined by the respective sport committee.

Programs

[Reference: Advertising in the Division I General Section and Bylaw 31.1.14.1 in the NCAA Manual.]

IMG College will be responsible for all program production including layout and design, advertising, printing, vending and distribution to the championship sites. No competing publications, whether sold or free of charge, are permitted at NCAA events without prior permission of the NCAA and IMG College. The championship host should not include expenses or revenues for programs in the championship budget and/or financial report. All program contents are subject to NCAA approval.

Advertising

Each program will include NCAA corporate champion and partner advertising. Additionally, programs may include non-competing national ads as well as local ads. All ads must follow NCAA advertising guidelines and are subject to NCAA approval. If the host institution would like to sell advertising into the official program or you know of an individual who would like to serve as a local advertising representative, please contact Doug Iler (502/459-4346; doug.iler@imgworld.com) for information regarding rates, availability and deadlines.

Editorial

If you are interested in the specific content of the program you will receive, please contact Dan King (859/226-4549; dan.king@imgworld.com).

Generally, programs include the following:

1. Participant information - IMG College will request information, including rosters, schedule/results, photos, school quick facts and logos. If your team is Eligible for postseason selection, please send all materials that are requested by the date requested. Programs print on the day selections for the championship are announced. If materials are not on file, your school's information will not be included. IMG will attempt to provide proofs for SID approval when time permits. If you are not sure what/when materials are needed, please contact Mr. King at IMG College.
2. Programs for predetermined sites will include information on the host institution, host city and/or host facility. In addition, some programs provide complimentary advertising space. IMG College will contact via e-mail the tournament manager and sports information contacts, as listed on the key contact sheets submitted to the NCAA, with the specifics of what items are needed and when those items are due. Host institution pages are subject to NCAA approval.
3. Event-specific historical information, including past champions, records, all-tournament teams and/or the previous year's recap.
4. Information on the NCAA, including the sport committee.
5. Feature stories - Not all programs include event/sport-specific features. However, if you have an idea for a feature story, please submit it to Mr. King at IMG College.

Program Supplements and Update Sheets

Host institutions for single-day/session championship rounds may choose to supplement the program with additional information (e.g., updated statistics or updated game notes) pertaining to the event at its site that day. The cost of producing these supplements will be covered by the host institution and will not be expensed to the NCAA or IMG College, the content must be approved by IMG College prior to the event and the supplements must be distributed inside and as a part of the program. The cost of the program cannot be raised as a result of the supplement. Once all programs have been sold, these supplements may be given away or sold at the discretion of the host institution, with all potential revenue for such remaining with the host institution. No advertising of any kind may be sold or placed on the supplements. If supplements are distributed, following the conclusion of the championship event please mail two samples of each supplement to Dan King (IMG College, 904 North Broadway, Suite 200, Lexington, KY 40505, ATTN: Dan King).

For championships that have multiple sessions, matches, events or days, host institutions may choose or be required by the NCAA to produce update sheets (e.g., heat sheets, lane assignments, pairings). IMG College will contact hosts of those championships in advance of their events to discuss projected quantities and the paper on which update sheets should be printed. The cost of producing the update sheets will be covered by the host institution and not be expensed to the NCAA or IMG College. The first update sheet of the event should be distributed inside and as a part of the program. Subsequent update sheets complement the program and are to be redeemed only with a coupon from the program. The cost of the program cannot be raised as a

result of the update sheet. Once all programs have been sold, update sheets may be given away or sold at the discretion of the host institution, with all potential revenue for such remaining with the host institution. No advertising of any kind may be sold or placed on the update sheets. If update sheets are distributed, following the conclusion of the championship event please mail two samples of each update sheet to Mr. King (IMG College, 904 North Broadway, Suite 200 Lexington, KY 40505, ATTN: Dan King).

If a host institution would like to supplement the program with additional information, or has a question about the update sheets, please contact Matt Briggs at IMG College (859/226-4556; matthew.briggs@imgworld.com).

Program Sales

1. Predetermined sites: Will be contacted at least two weeks prior to the event. If you have not been contacted within two weeks of your championship, please contact Matt Briggs (859/226-4556; matthew.briggs@imgworld.com). You will receive your vending agreement (contract) and settlement statement prior to the championship.
2. Non-predetermined sites: Once sites are announced, IMG College determines how many programs will be sent to each site and will contact the site. Your vending agreement (contract) and settlement statement will be e-mailed within one day of your site being selected.
3. Distribution of programs: Programs will be shipped to the host institution at least one day prior to the event when possible. If your shipping information is different than that on the contract please contact Mr. Briggs at IMG College immediately.
4. Display of programs: Any posters/banners included with the programs should be hung in a visible location to promote awareness for the programs without obstructing other championship signage.
5. Collections
 - a. Contracts
 - i. Upon site selections, all contracts are e-mailed to each site representative
 - ii. A dedicated fax number will be assigned for receiving all signed contracts back to IMG College (859/226-4575)
 - iii. A IMG College representative will track the return of all signed vending contracts to IMG College
 - b. Settlement Reports
 - i. Three days after the conclusion of the event, all settlement reports must be faxed to IMG College (859/226-4575)
 - ii. The vendor will have two weeks to submit payment to IMG College
 - iii. A IMG College representative will be assigned to track the receipt of all vending settlement reports and payments
 - iv. If payment and/or settlement have not been received within the two-week period, IMG College will include the site/ championship on its "No Pay" list sent to the NCAA
 - v. Do not combine settlement statements for separate rounds/events or combine program settlements with Event 1 merchandise
 - vi. Please include the event number on the check that is sent

Please contact Matt Briggs (859/226-4556; matthew.briggs@imgworld.com) at IMG College with any vending-related questions.

Radio

[Reference: Advertising and Audio Coverage in the Division I General Section.]

Please refer to the NCAA Broadcast Manual policies and guidelines that can be found at www.ncaa.com/broadcast.

Reporting Results

During the championships and at the conclusion of the competition, the host sports information director, media coordinator or designee is responsible for reporting official results to the NCAA official Web site. Please e-mail a copy of results to updates@ncaa.com. Please be sure to submit all information in the following manner:

- Send the information to updates@ncaa.com.
- Specify the sport (Division, Championship, Round) in the SUBJECT area.
- Paste the text directly into an e-mail or send e-mail as an attachment in an MS Word document or Windows Notepad text document.
- Please convert photos to JPEG format and attach to the e-mail.

Any host that sends the appropriate information and discovers that the results are not posted on the NCAA Web site in a timely manner, should contact:

Kristen Jacob

NCAA Assistant Director of Media Coordination for Championships

kjacob@ncaa.org

317/917-6584

Rules

[Reference: Bylaw 17.33 and 31.1.6 in the NCAA Manual.]

Per NCAA Bylaw 17.33, member institutions shall conduct all of their intercollegiate competition in accordance with the playing rules of the Association in all sports for which the NCAA develops playing rules. For those sports in which the Association follows rules that are developed by other governing bodies and modified by the governing sports committee, the adopted playing rules shall be used. The governing sports committee will not consider any results for selection purposes that are not played in accordance with the NCAA rules, or those rules adopted by an outside organization.

The 2009 and 2010 NCAA Men's and Women's Track and Field/Cross Country Rules Book will be followed. Men's races will be 10,000 meters at regional and national competitions. Women's races will be 6,000 meters at regional and national competitions.

Squad Size

[Reference: Bylaw 31.1.5 in the NCAA Manual.]

Participating teams are limited to a maximum of seven runners in uniform. An institution that is advised it is in violation of this regulation and does not promptly conform to it shall automatically forfeit the competition. There shall be no inordinate delay of the competition to allow the institution to conform to the rule.

Institutions entering five to seven runners in the regional or national championships must compete as a team. If an institution enters as a team in the regional competition and qualifies for nationals as a team, it must run as a team at nationals. If fewer than five competitors from one institution compete in the regional or national championships, they will compete as individuals only.

Please refer to the NCAA Travel policies for all information regarding transportation and per diem expenses.

Television

Please refer to the NCAA Broadcast Manual policies and guidelines that can be found at www.ncaa.com/broadcast.

Tickets

[Reference: Tickets in the Division I General Section and Bylaw 31.1.13 in the NCAA Manual.]

Ticket prices may be suggested by the host institution and must be approved by the Division I track and field subcommittee. A student ticket price with ID card is permissible for students of participating institutions and the host institution of the division championships. For the 2010 national championships, ticket prices for adults and students will be \$5. Children ages two and under will be admitted free of charge.

Uniforms

[Reference: Rules 4-3.1, 4-3.3, 4-3.4, 403.5, and 8-8 in the Rules Book and Bylaw 12.5.4 in the NCAA Manual.]

Uniform and logo rules contained in Rules 4-3.1., 4-3.3, 4-3.4, and 4-3.5 shall apply, in addition to the following. In all events and award ceremonies, competitors must wear the proper uniform (warm-ups included) of the institution they represent in the championships.

Uniforms for all cross country team members must meet the following criteria:

- All cross country team members must wear uniforms clearly indicating, through color, logo and combination or all worn outer garments, that members are from the same team;
- Visible undergarments on top (e.g., t-shirts) worn by team members must be of an identical solid color. Visible undergarments on the bottom (e.g., tights of any length) must be of an identical solid color.

Logos. An institution's official uniform and all other items of apparel (e.g., socks, headbands, T-shirts, wristbands, visors or hats, and towels) that are worn by student-athletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2¼ square inches, including any additional material (e.g., patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, parallelogram).

In addition, an institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restriction.

A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo (not to exceed 2¼ square inches) of an apparel manufacturer or distributor. The student-athlete may not wear any apparel that identifies any other entity, other than the student-athlete's institution.

These restrictions apply to all apparel worn by student-athletes during the conduct of competition, which includes prerace or posttrace activities.

This bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff.

The logo restriction on student-athletes' apparel set forth in Bylaw 12.5.4 shall apply during NCAA championships to all personnel (e.g., coaches, trainers, managers) who are on the team bench for practices and games or who participate in news conferences. Please note that those contracts between institutions and apparel manufacturers or distributors that include logo specifications may be honored, provided such contracts were in effect prior to August 11, 1998. Also, the logo restriction on student-athletes' apparel set forth in Bylaw 12.5.4 shall apply to commercial logos on uniforms worn by band members, cheerleaders, dance team members and the institution's mascot during NCAA championships events.

Web site

Please refer to the NCAA Broadcast Manual polices and guidelines that can be found at www.ncaa.com/broadcast.

Appendix A



Men's and Women's Regions

Appendix B

Institutions Sponsoring Men's Cross Country by Region (306 teams) (*indicates provisional/reclassifying member, not eligible for championship)

Great Lakes Region (31 Teams)

- | | |
|--|------------------------------------|
| University of Akron | Miami University (Ohio) |
| Bowling Green State University | University of Michigan |
| Butler University | Michigan State University |
| Central Michigan University | University of Notre Dame |
| University of Cincinnati | Oakland University |
| University of Dayton | Ohio University |
| University of Detroit Mercy | The Ohio State University |
| Eastern Michigan University | Purdue University |
| University of Evansville | University of Toledo |
| Indiana State University Indiana | Valparaiso University |
| University, Bloomington | University of Wisconsin, Green Bay |
| Indiana University-Purdue University, Fort Wayne | University of Wisconsin, Madison |
| Indiana University-Purdue University at Indianapolis | University of Wisconsin, Milwaukee |
| Kent State University | Wright State University |
| Marquette University | Xavier University |
| | Youngstown State University |

Mid-Atlantic Region (36 Teams)

- | | |
|--|--|
| American University | Monmouth University |
| Bucknell University | Morgan State University |
| Coppin State College | Mount St. Mary's University |
| University of Delaware | New Jersey Institute of Technology |
| Delaware State University | University of Pennsylvania |
| Duquesne University | Pennsylvania State University |
| Fairleigh Dickinson Univ., Metropolitan | University of Pittsburgh |
| George Washington University | Princeton University |
| Georgetown University | Rider University |
| Howard University | Robert Morris University |
| La Salle University | Rutgers, State University of New Jersey, New Brunswick |
| Lafayette College | Saint Francis University (Pennsylvania) |
| Lehigh University | Saint Joseph's University |
| Loyola College (Maryland) | Seton Hall University |
| Marshall University | St. Peter's College |
| University of Maryland, Baltimore County | Temple University |
| University of Maryland, College Park | U.S. Naval Academy |
| University of Maryland, Eastern Shore | Villanova University |

Midwest Region (30 Teams)

Bradley University	University of Missouri, Columbia
Chicago State University	University of Missouri, Kansas City
Creighton University	University of Nebraska, Lincoln
DePaul University	North Dakota State University
Drake University	University of Northern Iowa
Eastern Illinois University	University of Oklahoma
Illinois State University	Oklahoma State University
University of Illinois, Champaign	Oral Roberts University
University of Illinois at Chicago	Saint Louis University
University of Iowa	South Dakota State University
Iowa State University	Southeast Missouri State University
University of Kansas	Southern Illinois University at Carbondale
Kansas State University	University of Tulsa
Loyola University (Illinois)	Western Illinois University
University of Minnesota, Twin Cities	Wichita State University

Mountain Region (18 Teams)

Brigham Young University	University of Northern Colorado
University of Colorado, Boulder	Southern Utah University
Colorado State University	University of Texas at El Paso
Idaho State University	Texas Tech University
University of Montana	U.S. Air Force Academy
Montana State University-Bozeman	Utah State University
University of New Mexico	Weber State University
New Mexico State University	University of Wyoming
Northern Arizona University	Utah Valley University

Northeast Region (41 Teams)

University at Albany	Long Island University-Brooklyn Campus
Binghamton University	University of Maine, Orono
Boston College	Manhattan College
Boston University	Marist College
Brown University	University of Massachusetts, Amherst
University at Buffalo, the State University of New York	University of New Hampshire
Canisius College	Niagara University
Central Connecticut State University	Northeastern University
Colgate University	Providence College
Columbia University-Barnard College	Quinnipiac University
University of Connecticut	University of Rhode Island
Cornell University	Sacred Heart University
Dartmouth College	Siena College
Fairfield University	St. Bonaventure University
Fordham University	St. Francis College (New York)
University of Hartford	Stony Brook University
Harvard University	Syracuse University
Hofstra University	U.S. Military Academy
College of the Holy Cross	University of Vermont
Iona College	Wagner College
	Yale University

South Central Region (33 Teams)

Arkansas State University	University of North Texas
University of Arkansas, Pine Bluff	Northwestern State University
University of Arkansas, Fayetteville	Prairie View A&M University
University of Arkansas, Little Rock	Rice University
Baylor University	Sam Houston State University
Centenary College (Louisiana)	Southeastern Louisiana University
Grambling State University	Southern University, Baton Rouge
Houston Baptist University* (<i>provisional, active 2011-12</i>)	Stephen F. Austin State University
University of Houston	Texas A&M University, College Station
Lamar University	Texas A&M University-Corpus Christi
University of Louisiana at Lafayette	Texas Christian University
University of Louisiana at Monroe	Texas State University-San Marcos
Louisiana State University	University of Texas at Arlington
Louisiana Tech University	University of Texas at Austin
McNeese State University	University of Texas, Pan American
Nicholls State University	University of Texas at San Antonio
	Tulane University

South Region (42 Teams)

University of Alabama, Tuscaloosa	Lipscomb University
Alabama State University	University of Memphis
Alcorn State University	Mercer University
Auburn University	University of Miami (Florida)
Austin Peay State University	Middle Tennessee State University
Belmont University	University of Mississippi
Bethune-Cookman College	Mississippi State University
Birmingham-Southern College	Mississippi Valley State University
East Tennessee State University	University of North Florida
University of Florida	Samford University
Florida A&M University	Savannah State University
Florida Atlantic University	University of South Alabama
Florida International University	University of South Florida
Florida State University	Stetson University
University of Georgia	Tennessee State University
Georgia Institute of Technology	Tennessee Technological University
Georgia State University	University of Tennessee at Chattanooga
Jackson State University	University of Tennessee, Knoxville
Jacksonville State University	University of Tennessee at Martin
Jacksonville University	Troy University
Kennesaw State University	Vanderbilt University

Southeast Region (44 Teams)

Appalachian State University	Norfolk State University
Campbell University	University of North Carolina, Asheville
College of Charleston (South Carolina)	North Carolina A&T State University
Charleston Southern University	North Carolina State University
The Citadel	University of North Carolina, Chapel Hill
Clemson University	University of North Carolina, Charlotte
Coastal Carolina University	University of North Carolina, Greensboro
Davidson College	University of North Carolina, Wilmington
Duke University	Radford University
East Carolina University	University of Richmond
Eastern Kentucky University	South Carolina State University
Elon University	University of Virginia
Furman University	Virginia Commonwealth University
Gardner-Webb University	Virginia Military Institute
George Mason University	Virginia Polytechnic Institute & State University
Hampton University	Wake Forest University
High Point University	Western Carolina University
University of Kentucky	Western Kentucky University
Liberty University	College of William and Mary
Longwood University	Winthrop University
University of Louisville	Wofford College
Morehead State University	
Murray State University	

West Region (31 Teams)

University of Arizona	University of Idaho
Arizona State University	Long Beach State University
Boise State University	Loyola Marymount University
California Polytechnic State University	University of Oregon
California State University, Fresno	Pepperdine University
California State University, Fullerton	University of Portland
California State University, Northridge	Portland State University
California State University, Sacramento	St. Mary's College of California
University of California, Berkeley	University of San Diego
University of California, Davis	University of San Francisco
University of California, Irvine	San Jose State University
University of California, Los Angeles	Santa Clara University
University of California, Riverside	Stanford University
University of California, Santa Barbara	University of Washington
Eastern Washington University	Washington State University
Gonzaga University	

Appendix C

Institutions Sponsoring Women's Cross Country by Region (331 teams)

(*indicates provisional/reclassifying member, not eligible for championship)

Great Lakes Region (34 Teams)

University of Akron	Marquette University
Ball State University	Miami University (Ohio)
Bowling Green State University	University of Michigan
Butler University	Michigan State University
Central Michigan University	University of Notre Dame
University of Cincinnati	Oakland University
Cleveland State University	Ohio University
University of Dayton	The Ohio State University
University of Detroit Mercy	Purdue University
Eastern Michigan University	University of Toledo
University of Evansville	Valparaiso University
Indiana State University	Western Michigan University
Indiana University, Bloomington	University of Wisconsin, Green Bay
Indiana University-Purdue University, Fort Wayne	University of Wisconsin, Madison
Indiana University-Purdue University at Indianapolis	University of Wisconsin, Milwaukee
Kent State University	Wright State University
	Xavier University
	Youngstown State University

Mid-Atlantic Region (38 Teams)

American University	Morgan State University
Bucknell University	Mount St. Mary's University
Coppin State College	New Jersey Institute of Technology
University of Delaware	University of Pennsylvania
Delaware State University	Pennsylvania State University
Duquesne University	University of Pittsburgh
Fairleigh Dickinson Univ., Metropolitan	Princeton University
George Washington University	Rider University
Georgetown University	Robert Morris University
Howard University	Rutgers, State University of New Jersey, New Brunswick
La Salle University	Seton Hall University
Lafayette College	Saint Francis University (Pennsylvania)
Lehigh University	Saint Joseph's University
Loyola College (Maryland)	St. Peter's College
Marshall University	Temple University
University of Maryland, Baltimore County	Towson University
University of Maryland, College Park	U.S. Naval Academy
University of Maryland, Eastern Shore	Villanova University
Monmouth University	West Virginia University

Midwest Region (33 Teams)

Bradley University	University of Missouri, Columbia
Chicago State University	University of Missouri, Kansas City
Creighton University	University of Nebraska, Lincoln
DePaul University	North Dakota State University
Drake University	Northern Illinois University
Eastern Illinois University	University of Northern Iowa
Illinois State University	Northwestern University
University of Illinois, Champaign	University of Oklahoma
University of Illinois at Chicago	Oklahoma State University
University of Iowa	Oral Roberts University
Iowa State University	Saint Louis University
University of Kansas	South Dakota State University
Kansas State University	Southeast Missouri State University
Loyola University (Illinois)	Southern Illinois University at Carbondale
University of Minnesota, Twin Cities	University of Tulsa
Missouri State University	Western Illinois University
	Wichita State University

Mountain Region (20 Teams)

Brigham Young University	University of Northern Colorado
University of Colorado, Boulder	Southern Utah University
Colorado State University	Texas Tech University
Idaho State University	University of Texas at El Paso
University of Montana	U.S. Air Force Academy
Montana State University-Bozeman	University of Utah
University of Nevada	Utah State University
University of New Mexico	Utah Valley University
New Mexico State University	Weber State University
Northern Arizona University	University of Wyoming

Northeast Region (42 Teams)

University at Albany
 State University of New York at
 Binghamton
 Boston College
 Boston University
 Brown University
 University at Buffalo, the State University of
 New York
 Canisius College
 Central Connecticut State University
 Colgate University
 Columbia University-Barnard College
 University of Connecticut
 Cornell University
 Dartmouth College
 Fairfield University
 Fordham University
 University of Hartford
 Harvard University
 Hofstra University
 College of the Holy Cross
 Iona College

Long Island University-Brooklyn Campus
 University of Maine, Orono
 Manhattan College
 Marist College
 University of Massachusetts, Amherst
 University of New Hampshire
 Niagara University
 Northeastern University
 Providence College
 Quinnipiac University
 University of Rhode Island
 Sacred Heart University
 Siena College
 St. Bonaventure University
 St. Francis College (New York)
 St. John's University (New York)
 Stony Brook University
 Syracuse University
 U.S. Military Academy
 University of Vermont
 Wagner College
 Yale University

South Central Region (34 Teams)

Arkansas State University
 University of Arkansas, Fayetteville
 University of Arkansas, Little Rock
 University of Arkansas, Pine Bluff
 Baylor University
 Centenary College (Louisiana)
 Grambling State University
 Houston Baptist University* (*provisional,
 active 2011-12*)
 University of Houston
 Lamar University
 University of Louisiana at Lafayette
 University of Louisiana at Monroe
 Louisiana State University
 Louisiana Tech University
 McNeese State University
 Nicholls State University

University of North Texas
 Northwestern State University
 Prairie View A&M University
 Rice University
 Sam Houston State University
 Southeastern Louisiana University
 Southern Methodist University
 Southern University, Baton Rouge
 Stephen F. Austin State University
 Texas A&M University, College Station
 Texas A&M University-Corpus Christi
 Texas Christian University
 Texas State University-San Marcos
 University of Texas at Arlington
 University of Texas at Austin
 University of Texas, Pan American
 University of Texas at San Antonio
 Tulane University

South Region (47 Teams)

University of Alabama at Birmingham
 University of Alabama, Tuscaloosa
 Alabama A&M University
 Alabama State University
 Alcorn State University
 Auburn University
 Austin Peay State University
 Belmont University
 Bethune-Cookman College
 Birmingham-Southern College
 University of Central Florida
 East Tennessee State University
 University of Florida
 Florida A&M University
 Florida Atlantic University
 Florida International University
 Florida State University
 University of Georgia
 Georgia Institute of Technology
 Georgia Southern University
 Georgia State University
 Jacksonville State University
 Jacksonville State University

Jacksonville University
 Kennesaw State University
 Lipscomb University
 University of Memphis
 Mercer University
 University of Miami (Florida)
 Middle Tennessee State University
 University of Mississippi
 Mississippi State University
 Mississippi Valley State University
 University of North Florida
 Samford University
 Savannah State University
 University of South Alabama
 University of South Florida
 University of Southern Mississippi
 Stetson University
 University of Tennessee at Chattanooga
 University of Tennessee, Knoxville
 University of Tennessee at Martin
 Tennessee State University
 Tennessee Technological University
 Troy State University
 Vanderbilt University

Southeast Region (46 Teams)

Appalachian State University	Norfolk State University
Campbell University	University of North Carolina, Asheville
College of Charleston (South Carolina)	University of North Carolina, Chapel Hill
Charleston Southern University	University of North Carolina, Charlotte
The Citadel	University of North Carolina at Greensboro
Clemson University	University of North Carolina, Wilmington
Coastal Carolina University	North Carolina A&T State University
Davidson College	North Carolina State University
Duke University	Radford University
East Carolina University	University of Richmond
Eastern Kentucky University	University of South Carolina, Columbia
Elon University	South Carolina State University
Furman University	University of Virginia
Gardner-Webb University	Virginia Commonwealth University
George Mason University	Virginia Military Institute
Hampton University	Virginia Polytechnic Institute & State University
High Point University	Wake Forest University
James Madison University	Western Carolina University
University of Kentucky	Western Kentucky University
Liberty University	College of William and Mary
Longwood University	Winthrop University
University of Louisville	Wofford College
Morehead State University	
Murray State University	

West Region (37 Teams)

University of Arizona	Loyola Marymount University
Arizona State University	University of Nevada, Las Vegas
Boise State University	University of Oregon
California Polytechnic State University	Oregon State University
California State University, Fresno	University of the Pacific
California State University, Fullerton	Pepperdine University
California State University, Northridge	University of Portland
California State University, Sacramento	Portland State University
University of California, Berkeley	St. Mary's College of California
University of California, Davis	University of San Diego
University of California, Irvine	San Diego State University
University of California, Los Angeles	University of San Francisco
University of California, Riverside	San Jose State University
University of California, Santa Barbara	Santa Clara University
Eastern Washington University	University of Southern California
Gonzaga University	Stanford University
University of Hawaii, Manoa	University of Washington
University of Idaho	Washington State University
Long Beach State University	

Appendix D

2009 NCAA DIVISION I MEN'S AND WOMEN'S CROSS COUNTRY CHAMPIONSHIPS REGIONAL MEET COACHES MEETING

Sample Agenda

1. Welcome.
2. Introductions of host personnel, NCAA representative, referee, starter.
3. Review meet schedule.
4. Review games committee make-up and responsibilities.
5. Misconduct policy statement.
6. NCAA logo uniforms and policy (see championships handbook as reference).
7. Drug testing statement.
8. Breaking of ties in regional results: Ties in team scoring shall not be broken, except for advancement to the championships finals.
9. At-large selection announcement (www.ncaa.com).
10. Placement of bibs.
11. Technical aspects of the course.
12. Medical procedures: prerace; during race; postrace.
13. Marshals and locations on the course.
14. Finish line procedures.
15. Timing system and results distribution.
16. Results posting and appeal procedure (submission to referee).
17. Television set-up, if applicable.
18. Postrace media procedures: cooling-off period, location of interviews.
19. Postrace recognition ceremony format, including appropriate attire.
20. Inclement weather plan.
21. Parking.
22. Future Regional Hosts.
23. Other business.
24. Adjournment.