**Division I Worksheet**

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school's list of NCAA-approved courses for the classes you have taken.

Use the following scale: A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.

### English (4 years required)

<table>
<thead>
<tr>
<th>10/7</th>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td>✓</td>
<td>Example: English 9</td>
<td>.5</td>
<td>A</td>
<td></td>
<td>(.5 x 4)</td>
<td>= 2</td>
</tr>
</tbody>
</table>

**Total English Units**

**Total Quality Points**

### Mathematics (3 years required)

<table>
<thead>
<tr>
<th>10/7</th>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: Algebra 1</td>
<td>1.0</td>
<td>B</td>
<td></td>
<td></td>
<td>(1.0 x 3)</td>
<td>= 3</td>
</tr>
</tbody>
</table>

**Total Mathematics Units**

**Total Quality Points**

### Natural/physical science (2 years required)

<table>
<thead>
<tr>
<th>10/7</th>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
</table>

**Total Natural/Physical Science Units**

**Total Quality Points**

### Additional year in English, mathematics or natural/physical science (1 year required)

<table>
<thead>
<tr>
<th>10/7</th>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
</table>

**Total Additional Units**

**Total Quality Points**

### Social science (2 years required)

<table>
<thead>
<tr>
<th>10/7</th>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
</table>

**Total Social Science Units**

**Total Quality Points**

### Additional academic courses (4 years required)

<table>
<thead>
<tr>
<th>10/7</th>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
</table>

**Total Additional Academic Units**

**Total Quality Points**

**Core-Course GPA** (16 required) Beginning August 1, 2016, 10 core courses must be completed before the seventh semester and seven of the 10 must be a combination of English, math or natural or physical science for competition purposes. Grades and credits may be earned at any time for academic redshirt purposes.
## Division II Worksheet

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school’s list of NCAA-approved courses for the classes you have taken.

Use the following scale: A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.

### English (3 years required)

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: English 9</td>
<td>0.5</td>
<td>A</td>
<td></td>
<td></td>
<td>(0.5 x 4) = 2</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total English Units

Total Quality Points

### Mathematics (2 years required)

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: Algebra 1</td>
<td>1.0</td>
<td>B</td>
<td></td>
<td></td>
<td>(1.0 x 3) = 3</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Mathematics Units

Total Quality Points

### Natural/physical science (2 years required)

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Natural/Physical Science Units

Total Quality Points

### Additional years in English, math or natural/physical science (3 years required)

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Additional Units

Total Quality Points

### Social science (2 years required)

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Social Science Units

Total Quality Points

### Additional academic courses (4 years required)

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Credit</th>
<th>X</th>
<th>Grade</th>
<th>=</th>
<th>Quality Points (multiply credit by grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Additional Academic Units

Total Quality Points

\[
\text{Core-Course GPA} = \frac{\text{Total Quality Points from each subject area}}{\text{Total Credits}} = \frac{\text{Quality Points}}{\text{Credits}} = \text{Core-Course GPA}
\]